



Central Florida Paralegal Association, Inc.

P.O. Box 1107
Orlando, FL 32802
(407) 672-6372

Contact Us



CFPA Empowers Paralegals to Grow
Through Education, Professional
Development, and Community Service.



CENTRAL FLORIDA PARALEGAL ASSOCIATION, INC. Monthly E-Newsletter

CARPE DIEM - August 2022

WELCOME
NEW MEMBERS

ACTIVE:
Kristina Schiraldi



CFPA friends,

My July 2022 message talked about the NALA Conference and I just wanted to follow up with recognition for some outstanding accomplishments by CFPA members. First, I want to give a shout-out to Yolanda Martinez-Fuhrmann, CP, FRP for being awarded the CFPA 2022 NALA Affiliated Association Award!!! Then, I want to extend congratulations to NALA Secretary Peonca Grier, NALA Director-at-Large Cassie Snyder, NALA CEC committee member Jennifer Finch and NALA PDC committee member Caroline Wilkerson!!! Amazing work ladies!!!

CFPA name badges have arrived. I will coordinate with you to get your free (thanks to Patron member Accurate Serve) name badge. The name badges came out really nice and I am so excited for you to see (and wear) them!

August is a big month for CFPA with the CP Review Course running all month long on Tuesday and Thursday evenings starting on Tuesday, August 2, 2022, at 7:00 p.m. It is not too late for you to sign up for the review course. Remember that you can sign up for individual sessions if you are interested in getting some CLE credits.

August is back-to-school month. CFPA is collecting school supplies for two organizations. USO Back to School Supplies for Military Children – Central Florida West has a link directly to Amazon to purchase school supplies online. They are asking to “[P]lease help us provide backpacks of school supplies to local military children in Central Florida for our annual Back to School Drive program!” Here’s a link to the list: <https://a.co/6Rqwd9>.

We are also collecting “live” donations for PACE Center for Girls. Please bring school supplies to any in-person CFPA event during the month of August. Or let me know if you need me to come pick up any supplies that you have. Everything that we collect will be donated to PACE.

I hope everyone enjoys some vacation/PTO time during August! Self-care is very important and we all need a break. I am looking forward to a camping trip in Yellowstone National Park!

Just a preview that we will be doing a call for nominations starting in September. If you are interested in becoming more involved with CFPA

leadership, please reach out to any board member. We would all love to hear

For Membership Information and Application [CLICK HERE](#)

ALREADY A MEMBER??

If you have recently changed jobs, moved or just have a new email address, PLEASE make sure that you update your membership records by notifying the Membership Committee so that you stay up-to-date with all events:

Email Us

Upcoming EVENTS

8/2/22 CP Review Course Starts
8/4/22 CP Review Course
8/9/22 CP Review Course
8/10/22 Paralegal Roundtable
8/11/22 CP Review Course
8/16/22 Downtown Luncheon
8/23/22 CP Review Course
8/24/22 In-Person Bingo
8/25/22 CP Review Course
8/30/22 CP Review Course
9/1/22 Winter Park Luncheon
9/13/22 DE&I Book Club

BOARD OF DIRECTORS



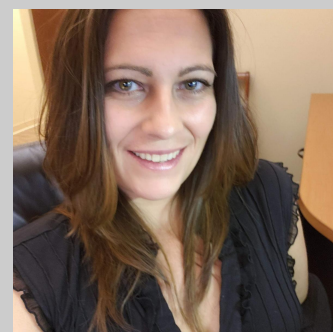
leadership, please reach out to any board member. We would all love to hear from you. You can always reach me at njordahl@hotmail.com or 407-923-7738.

Sincerely,

Nancy Jordahl, ACP, FRP, FCP
CFPA President 2022

President:

Nancy Jordahl, ACP, FRP, FCP
CFPAPresident@cfpainc.org



Vice President/President Elect:

Jennifer Diminich, CP, FRP
VicePresident@cfpainc.org



Secretary:

Iris F. Walker, FRP
Secretary@cfpainc.org



Treasurer:

Cassie D. Snyder, ACP, FRP
Treasurer@cfpainc.org

PARALEGALS WITH A PURPOSE

Virtual Roundtable

DISCUSSIONS



August 10, 2022 at 6:30 p.m.

Open Discussion ... Let's Catch Up!!

Join in on the discussion, something you contribute may help someone in the future!

Please RSVP by 8/9/22 to:
snydercassied@gmail.com

WWW.CFPAINC.ORG



**The Benefits of Exercise in the Life of a
Paralegal or Legal Assistant**

By: Sara Ferguson, CP, FRP



As paralegals and legal assistants, our work days, nights and sometimes weekends can be very busy and stressful. We are constantly striving to do the best we can at our jobs, whether that includes preparing and revising pleadings and other documents, contract preparation, document review for large projects, preparing and revising correspondence, legal research or whatever the needs of our employers and the companies we work for – we are there to do the job.

I have been a paralegal for over 37 years. I have worked for sole practitioners, insurance defense firms, litigation boutique firms and have spent the last eight years in the labor and employment

and business litigation practice group of Shutts & Bowen LLP in Orlando. I realized a long time ago that I loved to exercise, whether it was walking, running, playing golf or bicycling. I look forward to getting out to exercise. Exercising helps me focus on something else besides work. Exercise helps puts my life back into focus. Exercising gives my brain a rest. It also helps me focus on the task I am doing at the time. There is nothing better than going out for a walk in the morning, or early evening to shake off the stress of the day.

My other favorite types of exercise include bicycling and playing golf. I have been a cyclist for approximately 15 years. I enjoy the time spent training for a long ride (and getting in shape at the same time). I also treasure the time I have with my friends who cycle. Again, it is my stress relief and one of the many benefits of regular physical activity. Our jobs are very important to us. Our family and friends are also just as important, if not more. However, it is also very good to remember that we must find time for ourselves, doing whatever we like to do, whether it is walking, working out in a gym or at home, working in our garden, doing yoga or meditation, or taking a nice long bicycle ride. I took up golf about 15 years ago. I love (and hate it) at the same time, but it is an exercise that I can do with my husband so we can spend quality time together.

So what are the stress relief benefits of exercise? According to an article from the Mayo Clinic, exercise in any form can act as a stress reliever. Being active can boost your feel-good endorphins and distract you from daily worries. The article goes on to say that exercise increases your overall health and gives you a sense of well-being.

The Mayo Clinic article highlighted some of the direct stress-busting benefits:

- It pumps up your endorphins
- It reduces negative effects of stress
- It's a meditation in motion; and
- It improves your mood.

As with any type of exercise program, check with your physician. Please also remember to take it one step at time, *literally*. Build up your exercise program



NALA Liaison:

Deborah Kallas, ACP, FRP

Nalaliaison@cfpainc.org



Parliamentarian:

Andrea Boykin, FRP

Parliamentarian@cfpainc.org

DIRECTORS



Michelle Coleman, FRP

Director2@cfpainc.org

gradually. Even if you cannot get a 30 minute walk in, standing up and walking around the office or around the block for 10 minutes at time will give you a bit of stress relief benefit.

I am sure you will feel better and shake off some of the daily stress of the work day.

Article by:

Sara Ferguson, CP, FRP
CFPA Member and Director on the Board of Directors

Source: <https://www.mayoclinic.org/healthy-lifestyle/stress-management/in-depth/exercise-and-stress/art-20044469>



Sara Ferguson, CP, FRP
Director1@cfpainc.org



Denise Marsters, FRP
Director3@cfpainc.org



Caroline Wilkerson, ACP
Director4@cfpainc.org

Did you know these National Days in August?

August National Golf Month						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Girlfriend Day	2 Coloring Book Day	3 Watermelon Day	4 Chocolate Chip Cookie Day	5 National Beer Day	6 Sandcastle Day
7 National Doll Day	8 Leave Zucchini on Your Neighbors Porch	9 Book Lovers Day	10 S'mores Day	11 Panini Day	12 Sewing Machine Day	13 Garage Sale Day
14 Creamsicle Day	15 Cupcake Day	16 Tell a Joke Day	17 Thrift Shop Day	18 Mail Order Catalog Day	19 Photography Day	20 ADOPT Homeless Animals Day
21 Senior Citizens Day	22 Be an Angel Day	23 Sponge Cake Day	24 Waffle Iron Day	25 Park Service Day	26 National Dog Day	27 Burger Day
28 Go Topless Day	29 More Herbs Less Salt Day	30 Frankenstein Day	31 Trail Mix Day			

CFPA's Charity for the Second Half of the Year ...



We will be holding several events where we will be raising funds through



CFPA Committees

We will be holding several events where we will be raising funds through raffle sales to donate to The Russell Home. Learn more about this charity and even find out how you can volunteer:

www.russellhome.org

You can always make a monetary donation through the link below:

[Click Here to Donate to The Russell Home](#)

**YOU LIKE FOOD.
WE LIKE FOOD.**

**NOW THAT'S A REASON TO GET
TOGETHER FOR LUNCH!**

*You're invited to CFPA's
Downtown Luncheon*

August 16, 2022



**11:45AM
TO
1:00PM**

*100 W. Livingston Street
Orlando, FL 32801
(On the corner of N. Garland Ave.
and W. Livingston St.)*



*Please RSVP by 8/15/22 to:
snydercassied@gmail.com*

[RSVP for Downtown Luncheon](#)

CFPA Committees:

CLE Chair:

Jennifer Finch, ACP, FRP
CLEChair@cfpainc.org

Membership Chair:

Jennifer Diminich, CP, FRP
Membership@cfpainc.org

Public Relations Chair:

Yolanda Fuhrmann, CP, FRP
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Community Service Chair:

Peonca Grier, CP, FRP
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Student Relations Chair:

Sara Ferguson, CP, FRP
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Scholarship Chair:

Julie McLean, CP, FRP

Newsletter - Carpe Diem

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Nalaliaison@cfpainc.org

Job Bank Chair:

Leslie Norton, ACP, FRP
Jobs@cfpainc.org

CP Review Course Chair:

Sara Ferguson, CP, FRP
ReviewCourse@cfpainc.org

DE&I Chair:

Peonca Grier, CP, FRP,
MSM-HR, SHRM-CP
peoncag@gmail.com

NEWSLETTER



Nancy Jordahl, ACP, FRP, FCP is celebrating **3** years at
Weinberg Wheeler Hudgins Gunn & Dial

Peonca Grier, CP, FRP, MSM-HR, SHRM-CP is celebrating **19** years at
Dean, Ringers, Morgan & Lawton, P.A.

Suzanne Miller is celebrating **33** years at
Akerman LLP

Marisol Gomez, FRP is celebrating **12** years at
Colling Gilbert Wright & Carter, LLC.

Christy Gurley, FRP is celebrating **2** years at
Law Offices of Michael B. Brehne, P.A.

CONGRATULATIONS!!!

**CFPA is giving back to the community and
helping with school supplies.**

You can donate in two ways. You can donate items either in person or contact
a CFPA Board Member to drop off your collected items.



SPONSORS



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Jimmy Singh

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jennifer@northstar-legal.com



Newsletter Recognition:



School Supply Wish List

Every girl should have the tools she needs to succeed in the classroom.

college ruled paper
notebooks
calculators
folders
post it notes
pencils & pens
art supplies
construction paper
glue sticks

highlighters
books
copy paper
poster board
paper towels
hand sanitizer
kleenex
sanitizing wipes

Donations can be dropped off by appointment at 445 N. Wymore Road, Winter Park, FL 32789

Make a Monetary Donation to PACE

The second way is that you can make a monetary donation to the USO School Drive.

The USO supports our military children as they head back to the classroom by collecting school supplies and distributing them at military installations. Community partners and local citizens donate supplies to various drop-off points around the area while the USO rallies local businesses to help purchase the remaining requested items. The drive culminates with Back to School Fairs full of educational resources, food, and camaraderie.



CFPA's 2022 Charities



www.fightcolorectalcancer.org

Mission:

We FIGHT to cure colorectal cancer and serve as relentless champions of hope for all affected by this disease through informed patient support, impactful policy change, and breakthrough research endeavors.

It was 2005. Founder and Chairman of the Board Nancy Roach had already made huge progress for colon and rectal cancer patients. She was part of a group of survivors, caregivers and friends that formed the first colorectal cancer non-profit — **Colon Cancer Alliance**.

Nancy and a small group of committed individuals formed C3 – Colorectal Cancer Coalition (renamed Fight Colorectal Cancer in 2011). What can we say? The rest is history.

From day one the focus of Fight Colorectal Cancer has been to get the voices of advocates heard. It's our belief that when leaders see and hear those impacted by their



Donate to the USO School Drive

CFPA Newsletter Sponsor



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decisions, change occurs. For over a decade we've watched this happen. There's nothing like a personal story to change minds.

Today, Fight Colorectal Cancer is the leading patient advocacy group in colorectal cancer. We're known for our extremely loud, involved (and sometimes even feisty) voices. We have no plans of slowing down or stopping until we reach our goal: a cure.

Donate:

www.fightcolorectalcaner.org/donate



www.russellhome.org

The Russell Home for Atypical Children in Orlando has been in continuous operation for over 60 years without any government support. The Home is the only private, non-profit facility of its kind for severely disabled children in Central Florida.

The Russell Home provides around the clock specialized care, with love and a home-like atmosphere. The love that is in this home, expressed through the eyes, sounds, and smiles from the children will make you count your blessings for the simple things in life.

To make a monetary donation:

<https://russellhome.org/giving>

To make a donation from their

Wish List:





**NORTHSTAR
LEGAL** 

SR.I. INC.
INVESTIGATIONS
Service, Knowledge & Integrity

Will be sponsoring 5 rounds of Bingo
with FOOD, DRINKS & PRIZES!!

In-Person BINGO
August 24, 2022
6:30 p.m.

Barrister Law Firm
2002 E. Robinson St.
Orlando, FL 32803

***This event is LIMITED to the
first 20 people to RSVP!***

Cost to attend is \$5.00 and all
money collected will go to CFPA's
Charity, The Russell Home for
Atypical Children in Orlando

COME JOIN THE FUN!!!
Make sure you rsvp by
August 24, 2022
RSVP: Membership@cfpainc.org

[Click Here to Register for Bingo](#)

MEMBER MATTERS

with Jennifer Diminich, Membership Chair



IN THE KNOW: Join CFPA on Facebook, Instagram, and LinkedIn and stay up-to-date on all of our events!!

RESPONSES NEEDED: Are you receiving CFPA emails and announcements? If not, please contact membership@cfpainc.org to confirm your information - we don't want you to miss out!

CFPA INVOLVEMENT: CFPA is a top association because of our members and their involvement with events, committees, community outreach, and networking. If you are someone who excels in these areas please reach out and we would be happy to discuss getting you involved!

PR Committee and DEI Committee are looking for members who have time to join and help us grow and excel CFPA! Please contact membership at: membership@cfpainc.org.

MEMBERSHIP MENTORS: I am looking for any CFPA member that would be interested in becoming a Member Mentor, you would be a member of the Membership Committee and would be the initial contact for CFPA's new members. The goal is welcome in new members and encourage their attendance at CLEs, events, and other social activities. Please contact me if you are interested.



Contact Membership Chair

YOU LIKE FOOD.

WE LIKE FOOD.

NOW THAT'S A REASON TO GET
TOGETHER FOR LUNCH!

*You're invited to CFPA's
Maitland/Winter Park Luncheon*

September 1, 2022
12:00pm to 1:00pm



501 N. Orlando Ave.
Winter Park, FL 32789

RSVP to Jennifer Finch, ACP, FRP
by 8/31/22:
jfinch@maynardcooper.com



RSVP for Maitland/Winter Park Luncheon



DIVERSITY

Differences

EQUITY

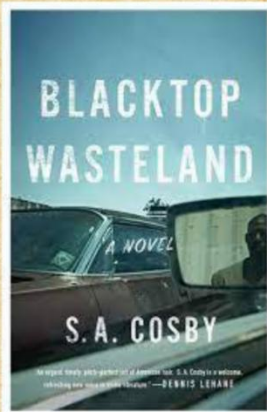
Access, opportunity, and
support

INCLUSION

Genuine involvement,
engagement, and
acceptance

CFPA's DEI Committee is in its first year of existence. The DEI Committee has brainstormed and came up with the idea of holding a virtual Book Club and has chosen several books that will spark engaging, insightful, and necessary conversations as it relates to diversity, equity, and inclusion ("DEI").

CFPA's Diversity, Equity & Inclusion Virtual Book Club



Join CFPA's DEI Book Club, grab your copy of the book, and start reading ... we look forward to discussing this with you!

**NOW OPEN TO MEMBERS AND
NON MEMBERS!!**

If you have a book suggestion for the DEI Book Club, please send an email to the DEI Committee.

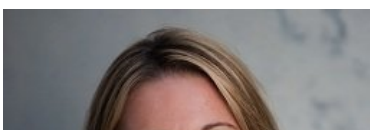
Tuesday, September 13, 2022

6:45 p.m.

Via Zoom

**Please RSVP by 9/12/22 to
DEICommittee@cfpainc.org**

www.cfpainc.org



How To Be A Problem Solving Paralegal

By: Ann Pearson

January 20, 2022



Ready to become a better problem solver?

I wish paralegal training programs included a course on problem-solving! It's such an important skill for paralegals and legal assistants to have. This week we're giving you

the tools and techniques for better problem-solving in the legal industry so that you're not only solving problems but preventing them from happening to impress your law firm along the way.

Do you know what one of the top skills attorneys tell me they want their paralegals to have? It's being able to problem-solve. I consistently hear, "I have a great paralegal because he (or she) solves my problems. They don't bother me with the little stuff – they just fix it. And if they can't fix it without involving me, they don't just come to me to report the problem, they bring me solutions."

Because of this, I've made it my mission to figure out how I can help paralegals and legal assistants become better problem solvers. In fact, I recorded an entire lesson on it for my new **Litigation Boot Camp** course that launched this week! This isn't just about what it takes generally to be a better problem solver, it is about how we can become better at it in the paralegal and legal assistant role.

So what is a problem solver? According to dictionary.com, a problem solver is a thinker who focuses on the problem as stated and tries to synthesize information and knowledge to achieve a solution.

Now before we can talk about improving such a skill, let's first assume that it's a problem that can easily be solved ourselves that doesn't need to involve the attorney. You come up with the solution, carry it out, and fix the problem. The best option, obviously, but sometimes the problem has to be brought to the attorney's attention.

Problem Solving When the Attorney is Involved

Problems are bound to arise and sometimes involving the attorney is unavoidable. Maybe it was a filing deadline that was missed, a document that got produced to the other side that shouldn't have, an angry client, etc.

It could be a number of problems. But when you go to report it, come with at least one option that you've researched that could resolve it. Two options are even better. Options to solve the problem and a plan to carry out your solution.

You want to keep in mind that attorneys want facts and evidence in everything they do. They went to law school for three years where this was ingrained. This is where they learned how to make arguments and win arguments having everything to back up what they're saying with evidence, rules, whatever they could find to support their argument and discredit the other side's.

They want evidence, right? Be prepared when you walk in their office or get them on the phone, with that problem and your proposed solution to be able to answer some typical questions the attorney might ask you

answer some typical questions the attorney might ask you.

1. The Story Method

Prepare using the method that journalists use to make sure they're writing a complete story: who, what, why, where, when, and how.

The questions are going to be dependent on the problem, but let's say the problem is that you have an outside vendor, and whatever it is that you've ordered from them is not going to be delivered on time. So instead of just walking in and saying the item isn't going to be delivered on time and trying to give them a solution, anticipate that their immediate response is going to be what are our other options?

Maybe this option that you're presenting is the only one. So you say there really are no other options.

Why can't they deliver?

What is the cost of this alternative option to fix the problem?

How can we make up the time after they deliver it?

When will they be able to commit to the new delivery date?

How are we going to prevent this from happening again?

So first try to solve it yourself. If you can, be the problem-solver where the attorney doesn't even have to get involved in it. If it's something ethically or whatever that they have to get involved in, then bring them some proposed solutions instead of just reporting the problem to them.

Don't wait for them to fix it or tell you what to do to fix it.

2. 5 Why's Method

The 5 Why's Method will help you uncover the underlying cause of the problem. This can help you come up with a potential solution. This looks like this:

- Why was this filed late? Because Ann didn't get it done.
- Why didn't she get it done? Because the vendor didn't deliver the product on time.
- Why didn't the vendor deliver the product on time? They said it was because we didn't get them the drafts on time.
- Why didn't we know what time to get them the drafts? We did know. But we weren't able to meet that deadline.
- Why weren't we able to meet their deadline?

And with that 5th why, we uncover the root cause of the problem. In this example, it would be important to take steps to ensure that missing that deadline doesn't happen again.

It's important to identify the root cause of the problem because of a thing called the Pareto Analysis. This says that 80% of our problems come from 20% of the causes.

3. Mind Mapping

The mind mapping method is a great way to help you reflect visually on how you think.

Start at the top of your legal pad and write the problem: the reply brief was filed late. Draw two branches off it and write out two potential solutions. One might be to file a motion with the court; another might be what?

From each of these proposed solutions draw out what might happen. If you do this, then this happens. A “next level” to this is to then add the probabilities for that happening.

Depending on how big the problem is, you could take the mindmap to the next level and add cost and time to each of the branches of the solutions – if this happens, it will cost this and take X amount of time.

If you’re more of a tech person, there are all kinds of mind-mapping apps out there. A few of them are Canva (which you might know as design software, but it has great mind-mapping tools), Mindmeister, LucidChart, Popplet, MindGenius – there are many options to explore.

4. Pros and Cons Method

You can also just take a sheet of paper and put your options in the top row and write out the pros and cons for each option.

I would add the next level from mind mapping and include the cost, time, and probability for each pro and con.

Improving Critical Thinking

Those are just a few methods to solve problems, but it’s important to also look at how we can improve our critical thinking to help us come up with better solutions. Don’t worry, there’s an app for that. Apps that actually help your brain, not only with problem-solving and critical thinking but also things like memory and focus.

I highly recommend **Lumosity** and **Elevate**. Elevate also improves your attention to detail skills and challenges you with vocabulary games that keep your brain sharp – something that’s really important as we get older. There are studies that show that these types of games can help delay dementia and improve our cognitive function.

There is a free version of Elevate, but like every free app, you are somewhat limited with what you can do. The paid version is \$4.99 a month or \$30 per year, and it is worth every penny.

Preventing Problems

When talking about problem-solving, we have to discuss the importance of prevention. We ultimately want to prevent as many problems as possible. Regardless of the causes that you come up with, it would be beneficial to figure out what kind of quality assurance steps you can put into place to prevent problems, especially those caused by mistakes made or errors in work.

I discuss this in the project management lesson of my new Litigation Paralegal Boot Camp course. In project management, there is quality control – the steps you put into place to verify the accuracy of the work product before it goes out the door. In other words, the process for catching mistakes. There's also quality assurance, which is the steps or systems in place to prevent the mistake from ever happening.

If you have no quality assurance, you're going to need to allow for a lot more quality control at the end to catch and fix inevitable mistakes. Ultimately those mistakes become the problem that you're trying to solve.

How did we end up filing that brief without the attachments or with the wrong attachments? How did that privileged document get produced to the other side and what do we do now to fix that problem? That problem stems from the lack of quality assurance and/or the lack of quality control. It probably also stems from a lack of time.

With these problem-solving methods, I hope you'll be able to take a problem and apply these techniques to find effective solutions. Remember that it might be a different technique for different problems.

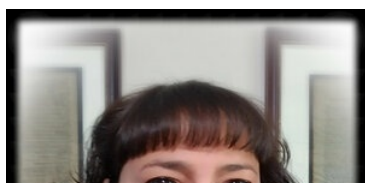
Then take it to the next level and get to the root cause of the problem so that you can figure out a way to prevent these problems from happening again. This will definitely show your firm the true value you bring to the table.

Article Reprinted from Paralegal Boot Camp:

Ann Pearson is the Founder of the Paralegal Boot Camp, and host of the Paralegals on Fire! Podcast Show, and passionate about promoting the paralegal profession.

paralegal-bootcamp.com/how-to-be-a-problem-solving-paralegal.

CFPA Newsletter Sponsor





Founded in 2009, NorthStar Legal began with one simple mission: to find the perfect fit between client and candidate. It is our belief that with a little work and effort, clients and candidates can rest easy knowing that they have found exactly what they were looking for.

With nearly 20 years of experience in the legal placement arena, we are confident that no matter your needs we have your perfect placement! Let NorthStar Legal navigate your hiring needs.

Find NorthStar Legal on social media at:



Do you have a seminar topic you would like to see? Are you interested in being a seminar speaker or know someone who might? If so, please reach out to our CLE Committee.

September - TBD

October - TBD

November - TBD

December - TBD

If you have any questions, feel free to email the CLE Committee at CLE@cfpainc.org.



Congratulations to the 2022-2023 NALA Board of Directors! The results of the Board election were announced Thursday, July 14th in Phoenix, AZ at NALA's Annual Membership Meeting. CFPA Member, Peonca Grier was elected NALA Secretary.

Congratulations to CFPA Members, Caroline Wilkerson and Jennifer Finch for being appointed to NALA committees!

2023 Conference Call for Speakers – Boston and Save the Date!

Be part of the excitement at the 2023 NALA Conference & Expo in Boston, Massachusetts by transforming your experience, ideas, and best practices into presenting a session for the conference.

VENUE AND DATE – July 12 – 14, 2023 at The Westin Copley Place in Boston, Massachusetts.

BENEFITS OF PRESENTING AT THE CONFERENCE include complimentary Full Conference Registration; NALA will provide and make all travel and hotel arrangements; including ground transportation round-trip to the airport and hotel; per diem reasonable meal expenses.

For more information and to register, please visit the 2023 Conference Call for Speakers – NALA.

Upcoming Live Webinars

August 24, 2022 at 12:00 p.m. CT/1:00 p.m. EST – W2224 – Addressing Our Professional, Emotional, and Mental Health. To learn more about this webinar or to register, go to NALA's website at: <http://portal.nalamember.com/live-webinars>.

August 31, 2022 at 12:00 p.m. CT/1:00 p.m. EST – W2229 – Should I Stay Or Should I Go? Handling Burnout and Strategizing Next Steps. To learn more about this webinar or to register, go to NALA's website at: <http://portal.nalamember.com/live-webinars>.

If you have any questions or comments, feel free to contact our NALA Liaison at nalalialison@cfpainc.org.

[Click Here to Register for NALA Seminars](#)

CP Review Course

SAVE THE DATE!!

**CLASSES START
AUGUST 2, 2022!!!**

● U.S. Legal System

● Civil Litigation

● Contracts

● Corporate &
Commercial Law

● Criminal Law &
Procedure

● Estate Planning &
Probate

● Real Estate &
Property

● Torts

● Professional &
Ethical Liability

5 WEEK VIRTUAL COURSE

Questions? or
Interested in Attending?
Email: ReviewCourse@cfpainc.org



CFPA/LAPSWV Members \$75.00

Student Members/Non-Members \$50.00

Non-Members \$100.00

Per Class CLE Price: Members \$10.00

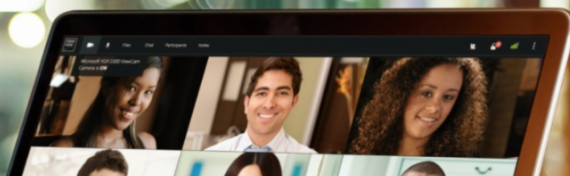
Per Class CLE Price: Non-Members \$20.00



Classes start August 2, 2022 and will meet twice a week.

Every Tuesday and Thursday at 7:00 p.m.

Classes will be one hour.





CFPA/LAPSWV Virtual CP Review Course Class Schedule

Date	Time	Topic	Speaker
8/2/2022	7:00 p.m.	Contracts	Todd Richardson, Esq.
8/4/2022	7:00 p.m.	Criminal Law & Procedure	Alison Kerestes, Esq.
8/9/2022	7:00 p.m.	Professional & Ethical Liability	Judge Denise Beamer
8/11/2022	7:00 p.m.	Estate Planning & Probate	Merrell Bailey, Esq.
8/16/2022	7:00 p.m.	Real Estate & Property	Harold E. Morlan, III, Esq.
8/18/2022	7:00 p.m.	Civil Litigation	Jill I. Francisco, ACP
8/23/2022	7:00 p.m.	Corporate & Commercial Law	Deborah Kallas, ACP, FRP
8/25/2022	7:00 p.m.	U.S. Legal System	Sara Ferguson, ACP, FRP
8/30/2022	7:00 p.m.	Torts	Anne Hughes, ACP, FCP, FRP

Zoom links will be sent to all registrants prior to class session.

Please direct all questions to ReviewCourse@cfpainc.org

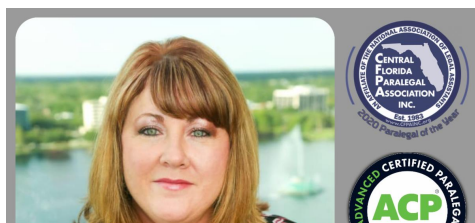
If you are interested in attending the CP Review Course please make sure you register online via our website.

[Register for the CP Review Course HERE](#)

From the Editor ...

I hope you have enjoyed this issue of the Carpe Diem. We would love to hear from you! Have you written an article that has been published that you would like to have placed in our newsletter? Does your attorney write articles that he

or she would like to share with our group for publishing? If you are interested in writing an article for the newsletter let me know.



Big THANKS to NorthStar Legal and

*Big THANKS to NorthStar Legal and
Huseby for sponsoring the newsletter
for 2022!!*

Thank you,
Cassie Snyder, ACP, FRP
Editor



Cassie D. Snyder, ACP, FRP

Carpe Diem Archived Issues